

**Monday****Kid's Gi**

6:30 pm - 7:15 pm

**Adult's Essentials**

7:30 pm - 8:15 pm

**Tuesday****Adult's Essentials**

6:00 pm - 6:45 pm

**Adult's Advanced**

7:00 pm - 8:00 pm

**Wednesday****Kid's Gi**

6:30 pm - 7:15 pm

**Adult's Essentials**

7:30 pm - 8:15 pm

**Thursday****Adult's Essentials**

6:00 pm - 6:45 pm

**Adult's Advanced**

7:00 pm - 8:00 pm

**Saturday****Adult's Essentials**

8:15 am - 9:15 am

**Advanced No Gi with  
Rolling After!**

9:30 am - 10:30 am

**Kid's Gi Competition Class**

11:30 am - 12:30 pm